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## Metro is ready to run for literacy

**GINABETH ROBERTS TIMES & TRANSCRIPT**

More than 3,000 athletes will pound the pavement through Metro Moncton this weekend, raising their heart rates – and money – for local literacy programs.

The 16th annual IGT Legs for Literacy runs through Moncton, Riverview and Dieppe on Sunday, Oct. 25.

It's the largest running event in New Brunswick, and offers runners and walkers four races to choose from: a 5K, a 10K walk/run, the 21.1-km Half Marathon and the 42.2-km Marathon.

New this year is a Nordic walking event, where walkers must use poles as they walk – with one foot on the ground at all times – a 10K route.

The race officially kicks off at 8 a.m., with the full and half marathon walk/ run. Start time for the 10K walk/run/ Nordic walk and the 5K walk/run is 8:30 a.m. Each run starts and finishes in front of Scotiabank on Main Street in Moncton.

After runners and walkers cross the finish line, they'll be celebrated at the Coors Light After Party, which takes place across the street at the Old Triangle. The awards ceremony for the shorter distances is at 10:30 a.m., while the full and half marathoners will be recognized at noon.

Last year's event raised \$128,000 for local literacy initiatives, and the event has raised \$506,000 since the first event in 2000.

Even if you're not a runner, you can still support the cause. Race director Susan Edgett says the best spectator viewing areas are along Main Street and the Riverfront trail in Moncton; along the trail and Coverdale Road in Riverview; and along the trail, Fox Creek, Melanson, Charterville and Bourque road areas of Dieppe.

The course is a qualifier for the Boston Marathon and the RunNB Running Room Super Series Event and half marathon times can be used to qualify for the New York City Marathon.

The fun gets started even before race day with the Family Run Walk on Saturday at Riverfront park. Registration goes from 9:15 to 9:45 a.m. at the bandstand. The 2K loop (for kids ages nine to 13) starts at 10 a.m., and the 1K route (for kids up to eight years old) starts at 10:30 a.m. Registration is \$10 per family.

Saturday is also a prep day for Sunday's runners, with registration, kit pickup and a pasta dinner. Runners can register between 11 a.m. and 5 p.m., and also visit the GoodLife Fitness Expo during this time. It all goes down at the Delta Beausejour on Main Street.

If you're looking for a last-minute adrenaline run, you can register online ([legsforliteracy.com](http://legsforliteracy.com)) until 5 p.m. on Saturday.

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Sophie Boudreau of Shediac River runs the final metres of the Legs for Literacy half marathon on Main Street in 2014.

PHOTO: TIMES & TRANSCRIPT ARCHIVES

## EVENT FACTS

\* WHAT: The 16th annual IGT Legs for Literacy

\* WHEN: Sunday, Oct. 25, 8 a.m.

\* WHERE: Race route begins and ends at the Delta Beausejour on Main Street in Moncton, continues along the Riverfront trail in both Moncton and Riverview, down Coverdale Road in Riverview, through Fox Creek, Melanson, Chartersville and Bourque roads in Dieppe

## TRAFFIC DISRUPTIONS

The following streets will be closed to traffic from 6 a.m. to 3:30 p.m.:

\* Main Street, from Westmorland Street to Assomption Boulevard;

\* Mechanic Street.

The follow streets will be closed to traffic from 6 to 11 a.m.:

\* West-bound lanes on Assomption Boulevard, from Main Street to Lutz Street;

\* Lutz, from Assomption to Main;

\* Record and Albert streets;

\* One-lane of Assomption, between Albert St. and Vaughan Harvey Boulevard;

\* One-lane (north-bound) and bike lane of Vaughan Harvey, from Assomption to John Street;

- \* East-bound lanes on Main, from Vaughan Harvey to Lutz;
- \* St. George Street, from Vaughan Harvey to Highfield Street;
- \* One-lane (south-bound) of Highfield Street, from St George to Dufferin Street;
- \* Dufferin, from Highfield to Weldon;
- \* Weldon, Dufferin to John;
- \* Cameron, from John to Park;
- \* Park, from Cameron to High;
- \* High Street, Park to John; and
- \* One-lane (east-bound) of John, from Weldon to Vaughan Harvey.